



# HOPE *in* ACTION

## THROUGH EDUCATION

**United Way puts Hope In Action.** Hope In Action to address gaps in education from birth through adulthood. United Way of Sheboygan County (UWSC) invests in **15 education programs** that support families, adults and children.

**Childhood Success programs**, working with families with children aged 6 and younger, focus on providing parent support and education to ensure that parents are confident in their roles as their child's first teacher. These programs ensure young children are healthy, safe, reaching development milestones on time, and prepared to enter school.

**Youth success programs**, working with school-aged youth, help keep youth on track academically to graduate high school on time, prepared for college and career. These programs also help youth learn valuable life skills to make the transition to adulthood easier – from navigating healthy relationships to gaining confidence and self-sufficiency to mindfulness and stress management.

**While there is a heavy emphasis on children and youth, UWSC knows learning is a lifelong endeavor.** Adults need opportunities to continue to learn and grow as well, which is why UWSC invests in adult education opportunities as well. These programs work with adults on individual educational and professional goals to help people advance and improve their quality of life.



### 87% of youth (Littles)

in Big Brothers Big Sisters WI Shoreline Community Based Mentoring Program improved on educational expectations.

### 61% of children

who graduate Parents as Teachers are healthy, safe and ready to learn.

### 71% of youth and teens

who participate at Boys and Girls Club of Sheboygan County increased their interest in educational activities, academic achievement, and spent more time studying.

### 89% of Girl Scouts

in Sheboygan County practiced and improved decision-making skills, including goal setting, independence and possibility assessment.



## \$737,617

2022-23 Investment

#### **Bay-Lakes Council, Boy Scouts of America**

Comprehensive Youth Development

#### **Big Brothers Big Sisters WI Shoreline**

Community Based Mentoring

School Based Mentoring

#### **Boys & Girls Clubs of Sheboygan County**

Academic Excellence

Good Character

#### **Family Connections**

Child Care Resource Development

#### **Family Resource Center of Sheboygan County**

Parents as Teachers

Literacy Council Adult Tutoring

#### **Foundations Health & Wholeness**

Runaway and Youth Services

#### **Girl Scouts of Manitou Council**

Leadership Experience

#### **Mental Health America Lakeshore**

Education

#### **Nourish Farms, Inc.**

Farm to School

Farm to ECE

#### **REINS, Inc.**

Equine Assist Learning Program

#### **Safe Harbor of Sheboygan County**

Prevention & Education



# HOPE *in* ACTION

## THROUGH EDUCATION

***United Way puts Hope In Action. Hope In Action to address gaps in education.***

## IMPACT STORY

Tutors who work with Sheboygan County's Literacy Council, a program that provides one-to-one adult tutoring, come across many opportunities to make an impact in a student's life. Most students have relocated to Sheboygan from another country and are in the process of learning English and trying to understand American culture.

Ann, a nurse and volunteer tutor for the Sheboygan County Literacy Council, has worked with her student, Sandra, a refugee, since fall 2017. Sandra has been learning to speak English and to advocate for herself and her family when it comes to health issues.

Ann has helped Sandra develop a deeper knowledge of health care and an emergency medicine-based vocabulary, allowing her to better care for her family. Sandra and her family are building health-related vocabulary skills and health care system workflow and access opportunities. Ann also was able to assist Sandra in completing a developmental check form for her 4-year-old daughter's doctor appointment. This multi-page form evaluated the household's social and dietary environment and the child's physical, cognitive, and emotional status from Sandra's standpoint. Talking through key health factors for the form with a trusted tutor allowed time for questions and answers about American social and health norms.

When it was Sandra's birthday, Ann surprised her by stopping by with a gift. Sandra and her husband, Joe, begged Ann to come into the house to talk as Joe had been in the Emergency Department the previous day and was prescribed multiple medications and was scheduled for outpatient surgery for a biopsy in two days. Although Joe had been provided with a translator for the Emergency Department visit, it was overwhelming and he wanted to talk through the medications prescribed, what the purpose of the biopsy was, and what to expect when he reported for outpatient surgery. With Ann's help, Joe and Sandra became more comfortable with the information provided by the medical professionals.

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***Family Resource's Literacy Council is one of the 15 programs that United Way invests in under the building block of 'education.'***





# HOPE *in* ACTION

## THROUGH HEALTH

*United Way puts Hope In Action. Hope In Action through access to healthy lives.*



**\$554,628**

2022-23 Investment

**Alzheimer's Association  
Southeastern WI**

Awareness, Education & Support

**American Red Cross Northeast  
Wisconsin Chapter**

Disaster Services

**Boys & Girls Clubs of  
Sheboygan County**

Healthy Lifestyles

**CASA of East Central Wisconsin**

Child Advocacy Support  
Services

**Catholic Charities**

Community Counseling

**Fresh Meals on Wheels of  
Sheboygan County**

Meals on Wheels Delivery

**Lakeshore Regional Child Advocacy  
Center**

Forensic Interviews for Family

**Mental Health America Lakeshore**

Individual Assistance Program  
Community Service/Advocacy

**Partners for Community  
Development**

Mental Health Translation  
Services

**Rainbow Kids**

Child Grief Support

**Safe Harbor of Sheboygan County**

Shelter & Helpline  
Youth Services

**Sheboygan County Food Bank**

Supplemental Backpack  
program

**Sheboygan County Interfaith  
Organization**

Bridgeway & Beyond TLP  
Farmers Market  
Family Pathways

**The Salvation Army**

The Emergency Lodge  
The Red Shield Wellness Center

**Good health is necessary for individual success.** When we all have access to basic needs, healthy foods and quality healthcare, the whole community thrives.

United Way of Sheboygan County (UWSC) invests in **19 programs** focused on increasing access to mental health services, to healthy and affordable food, shelter and accessible healthcare support.

These programs serve the entire community, regardless of age or ability to pay for services. The emphasis is always on providing quality care and support to the individual in need, whether that is a child in need of food on the weekends or an individual in need of counseling.

When it comes to a person's health and wellbeing, there is no "one size fits all" program, and UWSC is proud to invest in programs that meet the unique, individual needs within our community.



**98% of elderly, disabled, and homebound** people who receive meals from Fresh Meals On Wheels receive safety checks, phone calls, social interaction and engagement.

**97% of individuals who reach out** to Mental Health America in need of mental health services have a plan of action after their contact with the organization.

**68% of families, couples and individuals** who participate in Community Counseling at Catholic Charities have improved functioning and wellness.

**100% of children who complete a** forensic interview at Lakeshore Regional Child Advocacy Center have reduced trauma.





# HOPE *in* ACTION

## THROUGH HEALTH

**United Way puts Hope In Action.** *Hope In Action through access to healthy lives.*

## IMPACT STORY

During the past year Mental Health America Lakeshore (MHA) staff in the Individual Assistance Program worked very closely with a family who had an 18-year-old son in a residential program in county. The agency was unwilling to work with the family due to HIPPA laws and their son's age. The son was diagnosed with a mental illness and was not advocating for his therapy or medication management. MHA staff were unsure how the case would unfold due to HIPPA laws and this young man already in the system. However, the staff successfully contacted the agency to get communication started and advocated on behalf of the family to obtain power of attorney for their son. A lot of education was required for the family to access his medical records and treatment, as well as understanding the difference between power of attorney and guardianship.

The son who successfully completed his treatment for dual diagnoses of bipolar disorder and addiction went on to a successful relationship with a local therapist. During this time of being mentally well, the family along with MHA was able to advocate for power of attorney, so when he has a future period of poor mental health and cannot speak for his best interest, the power of attorney will assist him and his family.

This situation occurs monthly at MHA to varying degrees. Loved ones are concerned about the care of a family member or friend and don't have the power to act on their behalf. The Individual Assistance Program is much more than navigation; MHA staff empower the community to take action, when needed. The outcome may not be what either party wants, but education always prevails. Advocacy and determination to access care and recovery is top priority.

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***Mental Health America's Individual Assistance Program is one of the 19 programs that United Way invests in under the building block of 'health.'***







# HOPE *in* ACTION

## THROUGH FINANCIAL STABILITY

**United Way puts Hope In Action.** Hope In Action for future, financial stability.

United Way of Sheboygan County (UWSC) focuses on lasting solutions that go beyond charity, working to ensure more individuals and families can stop walking a financial tightrope and get on solid ground.

UWSC knows that financially empowered people are more likely to have access to quality healthcare, provide high-quality education for their children and contribute to their local economies.

UWSC invests in **six programs** that provide direct financial support to the unique needs of individuals and families, as well as financial education to improve their socio-economic status.



### 80% of clients who participated

in Budget and Credit Counseling identified a significant reduction of financial stress, which improved workplace production, family relationships and mental and physical health.

### 82% of individuals and families

who receive case management at Catholic Charities gain greater degree(s) of self-sufficiency and improvement in their lives, including financial stability.

### 73% of clients implemented

their personalized action plan developed through The Salvation Army's comprehensive services program and overcome obstacles to progress towards self-sufficiency.



**\$157,755**

2022-23 Investment

#### **Catholic Charities**

Outreach/Case Management Services

#### **Family Connections**

Connections

#### **Family Service Association**

Budget & Credit Counseling  
Financial Literacy

#### **Lakeshore CAP**

Rental Assistance

#### **The Salvation Army**

Comprehensive Services



### 100% of families receive child care subsidy for regulated child care

through Family Connections, increasing their ability to obtain and sustain employment.



# HOPE *in* ACTION

## THROUGH FINANCIAL STABILITY

**United Way puts Hope In Action.** *Hope In Action for future, financial stability.*

### IMPACT STORY

Sheboygan is a wonderful community that holds much promise for young families. Gustavo and Consuelo, immigrated to Sheboygan from Guatemala with their four young girls looking forward to being a part of the community and contributing to it. While they were able to find work, they were unable to find affordable housing. They were referred to Catholic Charities from a co-worker that received services from the agency's Outreach and Case Management program in the past.

When the case manager met Gustavo and Consuelo, they were facing homelessness with no family in Wisconsin and working low-income jobs. It was very difficult to have enough food, personal hygiene and household cleaning items, and clothing. Gustavo and Consuelo were afraid for the safety and future of their daughters. The couple was very happy to be in the U.S. but were overwhelmed and anxious living in a new country, trying to learn the American culture.

The case manager worked with them to assess their situation and create a plan to meet their basic needs first. She was able to secure food and hygiene items; then worked with the family to contact area landlords; within a few weeks they found an apartment. Gustavo and Consuelo and their girls were overjoyed when they were told that they were approved for an apartment. Staff was able to secure clothing and household items from St. Vincent de Paul and other organizations to help them begin to settle into their new home.

Gustavo and Consuelo work very hard but with their income it is difficult to make ends meet. The case manager worked with the couple to develop long-term goals that focused on attending English as a Second language (ESL) classes and developing employment skills to get better paying jobs. Gustavo and Consuelo are very motivated and will continue working with the case manager to access basic needs and address other issues that may develop, and they look forward to a better future for themselves and their daughters.

Clarita Wesley, Catholic Charities Case Manager, said, "This family is so full of hope and dreams, I am honored to be able to be a part of their journey."

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**Catholic Charities' Case Management service** is one of the six programs that United Way invests in under the building block of 'health.'

