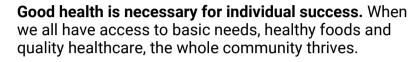
HOPE *M*ACTION

FOR HEALTH

United Way puts Hope in Action to ensure everyone has access to healthy lives. United Way of Sheboygan County (UWSC) invests in 19 health programs.



Under the 'health' building block to success, United Way of Sheboygan County (UWSC) invests in programs focused on increasing access to mental health services, to healthy and affordable food, shelter and accessible healthcare support.

These programs serve the entire community, regardless of age or ability to pay for services. The emphasis is always on providing quality care and support to the individual in need, whether that is a child in need of food on the weekends or an individual in need of counseling.

When it comes to a person's health and wellbeing, there is no "one size fits all" program, and UWSC is proud to invest in programs that meet the unique, individual needs within our community.





98% of elderly, disabled, and homebound

people who receive meals from Fresh Meals On Wheels receive safety checks, phone calls, social interaction and engagement.

97% of individuals who reach out

to Mental Health America in need forensic interview at Lakeshore of mental health services have a plan of action after their contact with the organization.

68% of families, couples and individuals who participate in Community **Counseling at Catholic Charities** have improved functioning and wellness.

100% of children who complete a

Regional Child Advocacy Center have reduced trauma.

Alzheimer's Association Southeastern WI Awareness, Education & Support American Red Cross Northeast Wisconsin Chapter **Disaster Services** Boys & Girls Clubs of Sheboygan County Healthy Lifestyles CASA of East Central Wisconsin Child Advocacy Support Services **Catholic Charities Community Counseling** Fresh Meals on Wheels of Sheboygan County Meals on Wheels Delivery Lakeshore Regional Child Advocacy Center Forensic Interviews for Family Mental Health America Lakeshore Individual Assistance Program Community Service/Advocacy Partners for Community Development Mental Health Translation Services **Rainbow Kids Child Grief Support** Safe Harbor of Sheboygan County Shelter & Helpline Youth Services Sheboygan County Food Bank Supplemental Backpack prodram Sheboygan County Interfaith Organization Bridgeway & Beyond TLP Farmers Market Family Pathways The Salvation Army

\$554,628

2022-23 Investment

HEALTH

The Emergency Lodge The Red Shield Wellness Center



United Way puts Hope In Action. Hope In Action through access to healthy lives.

IMPACT STORY

Mental Health America Lakeshore (MHA) staff in the Individual Assistance Program worked closely with a family who had an 18-year-old son enrolled in a local residential program. This program was unable to meet the needs of the family due to HIPPA laws and their son's age. The son was diagnosed with a mental illness and was not advocating for his therapy or medication management. MHA staff were unsure how the case would unfold due to HIPPA laws and this young man already in the system. However, the staff successfully contacted the agency to get communication started and advocated on behalf of the family to obtain power of attorney for their son. A lot of education was required for the family to access his medical records and treatment, as well as to understand the difference between the power of attorney and guardianship.

The son successfully completed his treatment for dual diagnoses of bipolar disorder and addiction and went on to a successful relationship with a local therapist. During this time of being mentally well, the family along with MHA was able to advocate for power of attorney, so when he has a future period of poor mental health and cannot speak for his best interest, the power of attorney will assist him and his family.

This situation occurs monthly at MHA to varying degrees. Loved ones are concerned about the care of a family member or friend and don't have the power to act on their behalf. The Individual Assistance Program is much more than navigation; MHA staff empower the community to take action, when needed. The outcome may not be what either party wants, but education always prevails. Advocacy and determination to access care and recovery is top priority.

Mental Health America's Individual Assistance Program is one of the 19 programs that United Way invests in under the building block of 'health.'



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