# **April 2023**

# YOUTH AND FAMILY RESOURCES



COMMUNITY PARTNERSHIP FOR CHILDREN Shebovgan County

Check out the list below of upcoming programs, events and general services supporting youth and families



### **Events**

#### **Community Partnership for Children**

**Program:** Child Care is "No Small Matter" — Film Screening/Panel Discussion

High-quality child care is "No Small Matter!" This feature documentary explores the value high-quality early childhood education brings to a community and highlights the challenges faced by those working in the industry. The screening will be followed by a panel discussion featuring local experts representing the early childhood and business fields as they explore how these challenges impact our community and how you can be a part of the solution.

Date/Time: 4/11, 5:00 p.m.

Visit: https://fb.me/e/2Lta9DEg0

#### **Nourish Farms**

Program: Culinary Kids: Exploring Flavor

Join Nicole for an introduction to spices and sauces! Our culinary kids cooking classes are designed for youth who are looking to develop their basic culinary skills. In this class, we'll teach you how to use different spices and sauces to take your child's meals to the next level.

**Date/Time:** 4/12, 4:30 p.m.

Contact: info@nourishfarms.org, (920) 550-2020

Visit: https://nourishfarms.org/events/

<u>aprilkidsflavorclass</u>



#### **Community Partnership for Children**

**Program:** Week of the Young Child/Month of the Young Child

Join the CPC in celebrating Week of the Young Child and Month of the Young Child! Every day throughout the first week of April, CPC partners will be sharing activities and resources for families with young children on social media, and partner agencies will be hosting community events throughout the month. Attend events for chances to win prizes!

**Date/Time:** 4/1 - 4/7 (Week of the Young Child), all of April (Month of the Young Child)

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Visit: <a href="https://www.facebook.com/">https://www.facebook.com/</a>

sheboygancountyCPC

#### **Great Marriages**

**Program:** Creating a Healthy Stepfamily (faithbased)

Blending a family has its unique challenges. Join us as we learn ways to help make the process a little smoother no matter how long you've been a stepfamily, or if you are about to create one.

Date/Time: 4/20, 6:00 p.m.

Contact: events@great-marriages.org,

(920) 783-6142

**Visit:** <u>www.great-marriages.org/events</u>

#### Horizons4Girls

**Program:** ZOOM Coffee with Executive

Director Char

What does mentoring cost? What do they do? When do they do this? You have a question, Char has an answer.

Date/Time: 4/11, 12:05 p.m. Contact: info@Horizons4Girls.com Visit: www.horizons4girls.com

## **Events Continued**

# Progressive Beginnings/Mead Public Library/Family Resource Center of Sheboygan County

Program: Bitty Book Club

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally- trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

**Date/Time:** 4/18, 9:30 a.m. & 4:30 p.m. **Contact:** jessicapt@progbeg.com

Visit: <a href="https://www.meadpl.org/event/bitty-book-">https://www.meadpl.org/event/bitty-book-</a>

<u>club-1</u>

# Progressive Beginnings/Above & Beyond Children's Museum/Mead Public Library/Family Resource Center of Sheboygan County

**Program:** BYOB (Bring Your Own Baby)

Join parents, caregivers and kiddos ages 0-2 y/o at the Above and Beyond Children's Museum to socialize and learn from Early Childhood Specialists! Progressive Beginnings' therapists and Family Resource Center's Parent Educators will host a different topic each month. Class is offered at both 9:30 a.m. and 4:30 p.m.

Date/Time: 4/20, 9:30 a.m. & 4:30 p.m. Contact: jessicapt@progbeg.com

Visit: <a href="https://forms.gle/jNbicvQtDMassYt66">https://forms.gle/jNbicvQtDMassYt66</a>

#### **REINS Inc.**

**Program:** Spring Fling at the Barn

Come out to the REINS barn and experience fun spring activities! This free community event will include egg hunts, planting seeds, photos with ponies, and more! Bundle up and prepare for mud.

Date/Time: 4/22, 11:00 a.m. Contact: Morgan Christensen -

morgan.christensen@reins-wi.org/(920)946-

8599

# Family Resource Center of Sheboygan County

**Program:** Triple P, Developing Good Bedtime Routines

There are positive solutions to help your crying, tired child and put a stop to bedtime battles. With a positive plan and the right skills and strategies, you can turn things around so the whole family can get a good night's sleep — and everyone is happier and healthier! The event is free through the Child Abuse and Neglect Prevention Board; dinner and childcare are included, but registration is required by April 24.

Date/Time: 5/1, 5:00 p.m.

**Contact:** (920) 892-6706 or PAT@frc-sc.org **Visit:** <a href="https://familyresourcesheboygan.org/events/">https://familyresourcesheboygan.org/events/</a>

#### Sheboygan Safe Harbor

**Program:** Changing Patterns Teen Group

Changing Patterns is a proactive teen group focusing on key factors to having healthy relationships, identifying red flags, setting boundaries, exploring our self-esteem to build confidence and being an active bystander. This will allow teens to examine their own relationships and express their experiences to their peers. We will also talk about other community partners and resources that are available to best meet any additional needs.

**Date/Time:** Wednesdays in April, 4:00 p.m. **Contact:** Please register by contacting Jeremy at jeremyw@sheboygansafeharbor.org or (920) 452-7640

Visit: https://www.sheboygansafeharbor.org/

#### **Mead Public Library**

**Program:** Preschool Storytime

Join us as we sing, read, write, talk and play our way into kindergarten, strengthening the skills your child needs to be ready for school. Optional hands-on activities will follow each session. Recommended ages 3-5 years, older and younger siblings are welcome.

Date/Time: Wednesdays, 9:30 & 10:30 a.m.

Contact: alison.loewen@meadpl.org

Visit: <a href="https://www.meadpl.org/event/preschool-">https://www.meadpl.org/event/preschool-</a>

storytime-338

























## Resources/Programs

#### **Anchor of Hope Health Center**

**Program:** Free Sexual Health Clinic

No cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups, man-to-man mentoring, and parenting classes which are for individuals and families who are currently pregnant and/or are parenting at least one child toddler age or under.

Date/Time: Call or text (920) 452-4673 for an appointment or walk in at our location located at 1018 South Taylor Drive, Sheboygan, WI Contact: v.norton@anchorofhopewi.org

Visit: www.anchorofhopewi.org

**Progressive Beginnings** 

**Program:** Developmental Checklists for Kids 1-14

Check in on your child's development — early intervention is key! Take a brief survey to check in on a child's motor, language and sensory development.

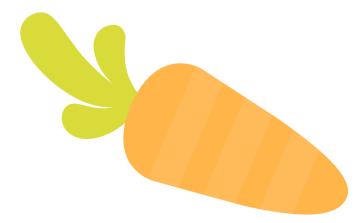
**Contact:** jessicapt@progbeg.com **Visit:** <u>https://www.progbeg.com/developmentalchecklists</u>

#### Horizons4Girls

**Program:** Flower/Veggie Vouchers

Vouchers for flats of flowers & veggies, single plants, hanging baskets, planters. Go to Horizons4Girls.com to purchase vouchers NOW thru 4/15. Vouchers will be mailed to you and can be redeemed at award-winning Caan's Floral.

Date/Time: Now through 4/15 Contact: info@Horizons4Girls.com Visit: www.horizons4girls.com

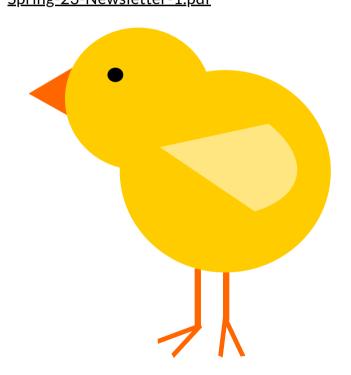


#### Providing Access To Healing (PATH) School-Based Mental Health Community Impact Initiative

**Program:** PATH Newsletter | Spring 2023

The incredible team of therapists and community partners who help provide services to youth in Sheboygan County through the PATH School-Based Mental Health Community Impact Initiative provide insight into what may be impacting youth in our community. Throughout this newsletter, PATH Partners will provide helpful information, tips and resources and hopefully offer some comfort in knowing that you and your family are not alone. There is help — there is hope.

**Contact:** brianna@uwofsc.org **Visit:** <u>www.uwofsc.org/assets/PATH-/PATH-Spring-23-Newsletter-1.pdf</u>



#### Sheboygan Safe Harbor

**Program:** Youth Services

Safe Harbor's Youth Services Program provides family-focused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents. Please reach out to us with any questions about our services.

Contact: Contact Youth Services Specialists Jeremy or Cindy by calling (920) 452-7640 Visit: <a href="https://www.sheboygansafeharbor.org/">https://www.sheboygansafeharbor.org/</a>

# **Resources/Programs Continued**

#### **Habitat for Humanity Lakeside**

Program: Habitat for Humanity Lakeside offers affordable financing to homeowners in Sheboygan County who have a critical need for home repairs and meet the program qualifications. Habitat works with contractors and/or provides volunteer labor to complete projects. The program provides benefits to homeowners through an affordable home repair option and an improvement in the quality of life at home.

Contact: Karina Berdyck - (920) 458-3399 or

kberdyck@habitatlakeside.com

Visit: https://www.habitatlakeside.com/home-

repair-program.html

#### **Girl Scouts of Manitou Council**

**Program:** Girl Scouts

Image it — you and your forever friends. Dreaming up adventures. Making the whole word sparkle with your own personal brand of magic. A place where you can have total fun and be totally yourself. That's Girl Scouts! Troops are now forming in your school or community. Become a Girl Scout today!

Contact: growstrong@gsmanitou.org or

(920) 565-4575

Visit: www.gsmanitou.org



#### **Lakeshore Community Health Care**

**Program:** School Dental Program

Lakeshore Community Health Care (LCHC) offers dental care for children currently enrolled in Sheboygan County schools. Please follow the link to complete a consent form if you are interested in these services.

**Contact:** shebschoolsdental@lakeshorechc.org **Visit:** <a href="https://www.lakeshorechc.org/">https://www.lakeshorechc.org/</a> schooldental

#### **RAYS**

**Program:** RAYS Youth Services

RAYS works to improve the network of support to both youth and their families through confidential and voluntary prevention and crisis intervention services. RAYS is funded to serve youth ages 6-21 through local and federal grants and all services offered to youth and families are free.

**Contact:** : RAYS@WeAreFoundations.org or (920) 458-7100

**Visit:** <a href="https://wearefoundations.org/rays-youth-services/">https://wearefoundations.org/rays-youth-services/</a>



For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search <a href="https://www.211now.org">www.211now.org</a>.

Another great local resource is Mental Health America (MHA) Lakeshore's <u>Community Resource</u> <u>Guide.</u>

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's <u>Back to School Toolkit</u>, a collection of resources that will be updated throughout the school year.

For general emergencies, dial 911. For a mental health emergency, please dial 988.



To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill.

Please be mindful of the <u>CDC</u> and <u>Public Health's</u> recommendations.

The agencies listed are independent nonprofit organizations and are not controlled, operated or managed by the Sheboygan County Community Partnership for Children (CPC). The information about the youth and family resources are provided to the CPC by the organizations.