February 2023

YOUTH AND FAMILY RESOURCES



Check out the list below of upcoming programs, events, and general services supporting youth and families



Events

Mead Public Library

Program: Valentine's Day Family Fun Night

Show your love of books by celebrating Valentine's Day at the Library. We will have a variety of fun activities and art projects for families to work on together, plus a special take home treat for everyone that attends. Free drop-in program. Recommended for children ages 3-11. Sponsored by The Sheboygan Optimist Člub.

Date/Time: 2/14, 5:30 p.m.

Contact: susan.durant@meadpl.org

Visit: https://www.meadpl.org/event/valentines-dav-

family-fun-night

Mead Public Library

Program: Saturday Storytime

Join us for Saturday Storytime at 9:30 a.m. Most appropriate for préschool aged learners, but older and younger siblings are welcome. Singing, Dancing, Art-Making activities for FREE!

Date/Time: 2/4, 9:30 a.m.

Contact: alison.loewen@meadpl.org

Visit: https://www.meadpl.org/event/saturday-

storytime-2

Nourish Farms

Program: Breakfestival

Nourish's Breakfestival is a celebration of all things breakfast! Enjoy a wholesome, made-from-scratch breakfast including a custom omelet station and educational materials provided by our education team. Delicious food for the whole family!

Date/Time: 2/11, 9:00 a.m.

Contact: info@nourishfarms.org, (920) 550-2020 Visit: https://nourishfarms.app.neoncrm.com/eventReg .jsp?event=959&



Nourish Farms

Program: Culinary Kids: Homemade Valentines

Nothing says "Be my Valentine!" like a nice homemade treat. Come and enjoy a heart-filled evening making some snacks and treats. Kids will enjoy some knife skill building and baking practice alongside a light meal.

Date/Time: 2/8, 4:30 p.m.

Contact: info@nourishfarms.org, (920) 550-2020 Visit: https://nourishfarms.app.neoncrm.com/eventRe

g.isp?event=957&

Great Marriages

Program: Finding Balance in Work and Life

This event is about helping people identify what's really important in their lives along with their roles. Learn how to create a strategy to find balance.

Date/Time: 2/25, 5:30 p.m.

Contact: events@great-marriages.org, (920) 783-6142

Visit: https://www.great-marriages.org/events

Horizons4Girls

Program: Behind the Scenes at Horizons4Girls

ANY question will get an honest answer. What is mentoring? How do I make a referral or volunteer? Request ZOOM link at info@horizons4girls.com

Date/Time: 2/14, 12:05 p.m. Contact: info@Horizons4Girls.com **Visit:** www.horizons4girls.com

The Salvation Army

Program: Mommy and Me Class

Mommy and me is a time to play and interact with your little ones. Come and meet other parents in the area.

Date/Time: Wednesdays, 9:00 - 10:00 a.m. **Contact:** heather.gladney@usc.salvationarmy.org

Events Continued

Sheboygan Outreach Collective

Program: Bilingual Family Resource Fair

20 community organizations gathered at Sheridan Elementary School to connect families to resources

Date/Time: 2/16, 5:30 p.m. Contact: Golda@wisc.edu

Fresh Meals On Wheels of Sheboygan County

Program: Soup on Wheels 2023

Take home a quick and easy meal for your family and support Fresh Meals On Wheels in the process. Each package comes with soup, salad, dinner rolls and dessert. Place your order online by Feb. 13 and pick up at Fresh Meals On Wheels on Feb. 23.

Date/Time: Order by 2/13, Pick up on 2/23

Contact: communications@freshmealsonwheels.org,

(920) 451-7011

Visit: https://www.freshmealsonwheels.org/events

Progressive Beginnings

Program: PB's Pop-Ins - Tummy Time Class

Parents routinely hear about the importance of tummy time but are not provided strategies to make it easy and enjoyable. Join us at Progressive Beginnings for the debut of PB's Pop Ins Infant Classes as two of our Physical Therapists facilitate a Tummy Time Class for parents/caregivers and their children ages 0-8 months old!

Date/Time: 2/13, 9:10 a.m. Contact: jennypt@progbeg.com

Visit: https://forms.gle/SrUYb3ArQhcwdeqX6

Progressive Beginnings/Above & Beyond Children's Museum/Mead Public Library/Family Resource Center of Sheboygan County

Program: BYOB (Bring Your Own Baby)

Join parents, caregivers and kiddos ages 0-2 y/o at Mead Public Library to socialize and learn from Early Childhood Specialists! Progressive Beginnings' therapists and Family Resource Center's Parent Educators will host a different topic each month. Class is offered at both 9:30 a.m. and 4:30 p.m.

Date/Time: 2/16, 9:30 a.m. & 4:30 p.m.

Contact: jessicapt@progbeg.com

Visit: https://forms.gle/hmBisPtA2YVh94qe8

Progressive Beginnings/Mead Public Library/Family Resource Center of Sheboygan County

Program: Bitty Book Club

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally- trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

Date/Time: 2/21, 9:30 a.m. Contact: jessicapt@progbeg.com

Visit: https://www.meadpl.org/event/bitty-book-club-3



Resources

Family Service Association/Consumer Credit Counseling

Program: Penny the Pig

Penny the Pig is a 30 minute interactive lesson that teaches children (Kindergarten - grade 2) important financial concepts such as saving, spending, and investing. Based on a book by Jeannine Fox, this lesson will help children understand the difference between needs and wants. Great for larger groups.

Date/Time: Schedule as needed Contact: dmangeri@cccsonline.org

Visit: www.cccsonline.org

Providing Access to Healing (PATH) School-Based Mental Health Community Impact Initiative

Resource: PATH Newsletter | Winter 2022/2023

The incredible team of therapists and community partners who help provide services to youth in Sheboygan County through the PATH School-Based Mental Health Community Impact Initiative provide insight into what may be impacting youth in our community. Throughout this newsletter, PATH Partners will provide helpful information, tips and resources and hopefully offer some comfort in knowing that you and your family are not alone. There is help—there is hope.

Contact: brianna@uwofsc.org

Visit: https://uwofsc.org/assets/PATH-/PATH-

Winter-22-Newsletter.pdf

Sheboygan County Health and Human Services

Program: Birth to Three

Children do different things at different ages. Some babies sit without support at six months old, while others need help until they are nine months old. Some toddlers start talking when they are a year old. Others might take longer to say their first words. If you are worried about the way your baby or toddler is developing, don't wait!

Contact: (920) 459-0368

Youth Drop-In Center

Program: Youth Drop-In Center

A time for youth ages 12-18 to come hang out. We will have games, snacks and homework help available. This is no cost to drop in! The POSC Youth Center is located at 3333 S Business Dr. in Sheboygan.

Date/Time: 2nd & 4th Monday night of every month,

4:30 p.m. - 8:00 p.m. **Contact:** info@posc.life

Junior Achievement of Sheboygan County

Program: Financial Literacy, Work & Career Readiness and Entrepreneurship Program Resources

Junior Achievement of Wisconsin-Sheboygan Area provides learning experiences which align with national and state standards. JA's curriculum is proven to increase students' knowledge of topics related to personal finance, work and career-readiness and entrepreneurship. Our age-appropriate programs are designed for students in grades K through 12.

Contact: Megan Anderson at manderson@jawis.org **Visit:** https://sheboygan.ja.org/programs/index

Safe Harbor

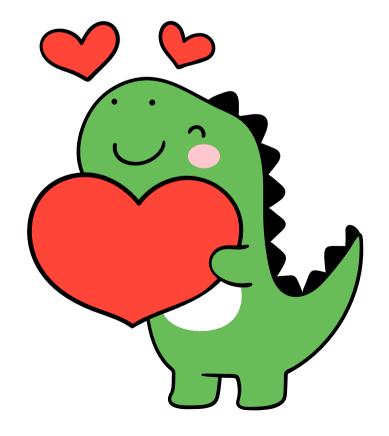
Resource: Youth Services

Safe Harbor's Youth Services Program provides familyfocused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents. Please reach out to us with any questions about our services.

Contact: Contact Youth Services Specialist Jeremy by

calling (920) 452-7640

Visit: https://www.sheboygansafeharbor.org/



Resources Continued

Progressive Beginnings

Resource: Developmental Checklists

Check in on your child's development — early intervention is key! Take a brief survey to check in on a child's motor, language and sensory development.

Contact: jessicapt@progbeg.com

Visit:

https://www.progbeg.com/developmentalchecklists

RAYS

Program: RAYS Youth Services

RAYS works to improve the network of support to both youth and their families through confidential and voluntary prevention and crisis intervention services. RAYS is funded to serve youth ages 6-21 through local and federal grants and all services offered to youth and families are free.

Contact: RAYS@WeAreFoundations.org or

(920) 458-7100

Visit: https://wearefoundations.org/rays-youth-

<u>services/</u>

Anchor of Hope Health Center

Resource: Free Sexual Health Clinic

No-cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups, man-to-man mentoring, and parenting classes which are for individuals and families who are currently pregnant and/or are parenting at least one child toddler age or under.

Contact: Call or text (920) 452-4673 for an

appointment or walk in at our location located at 1018

South Taylor Drive, Sheboygan, WI **Visit:** www.anchorofhopewi.org

Girl Scouts of Manitou Council

Program: Girl Scouts

Image it — you and your forever friends. Dreaming up adventures. Making the whole word sparkle with your own personal brand of magic. A place where you can have total fun and be totally yourself. That's Girl Scouts! Troops are now forming in your school or community. Become a Girl Scout today!

Contact: growstrong@gsmanitou.org or

(920) 565-4575

Visit: www.gsmanitou.org



For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search www.211now.org.

Another great local resource is Mental Health America (MHA) Lakeshore's Community Resource Guide.

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's <u>Back to</u> School Toolkit, a collection of resources that will be updated throughout the school year.

For general emergencies, dial 911. For a mental health emergency, please dial 988.



To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill. Please be mindful of the <u>CDC</u> and <u>Public Health's</u> recommendations.

The agencies listed are independent nonprofit organizations and are not controlled, operated or managed by Community Partnership for Children of Sheboygan County (CPC). The information about the youth and family resources are provided to CPC by the organizations.