January 2023

YOUTH AND FAMILY RESOURCES



Check out the list below of upcoming programs, events and general services supporting youth and families

Events

Sheboygan YMCA

Program: Winter Break Family Swims

Come visit the Sheboygan YMCA this winter break where the pool water is always 90 degrees!

Date/Time: Monday 12/26 1:30-4:30 p.m., Tuesday 12/27: 5:00-7:00 p.m., Wednesday 12/28: 5:00-7:00 p.m., Thursday 12/29: 4:00-7:00 p.m., Friday 12/30: 5:00-8:00 p.m.

Contact: hnitsch@sheboygancountyymca.org Visit: https://sheboygancountyymca.org/pool-

schedule.html

Horizons4Girls

Program: ZOOM Coffee with Founder Char

An opportunity to get the back story of Horizons4Girls: What happens at Horizons4Girls, how you can sign up, how can you volunteer and get involved. 12:05pm, second Tuesday of the month. Talk with Char over coffee and that PBJ sandwich from wherever you are. To request the Zoom link, please email info@horizons4girls.com.

Date/Time: 1/10, 12:05 p.m.

Contact: info@Horizons4Girls.com, (920) 254-1584

Visit: www.horizons4girls.com

Nourish Farms

Program: Family Cooking Class: Build Your Own

Chili Bowl

It's getting chili; bring the family! Join Nourish Chef Trevor in making dinner fit for the season. We'll make a meal to go with the chili and finish the night with a cozy dessert. Tickets for this program are \$50 for the first two family members and \$10 for any additional family members.

Date/Time: 1/11, 4:30 p.m.

Contact: info@nourishfarms.org, 920-550-2020 Visit: https://nourishfarms.app.neoncrm.com/event.jsp?event=947&

Play is Healing

Program: Play is Healing Playdate

The Play is Healing team is coming to Mead Library with activities for kids to build, create, imagine and explore!

Date/Time: 1/20, 10:00 a.m. Contact: info@playishealing.org

Visit: https://www.meadpl.org/event/play-healing-1

Mead Public Library

Program: Preschool Storytime

Join us for a free storytime as we sing, read, write, talk and play our way into kindergarten; hands on activities afterwards. Wednesdays 9:30 & 10:30 a.m.

Date/Time: Every Wednesday (no class 1/4), 9:30 &

10:30 a.m.

Contact: alison.loewen@meadpl.org

Visit: https://www.meadpl.org/event/preschool-

storytime-337

Mead Public Library

Program: Elephant and Piggie Family Fun Night

Elephant, Piggie and some of their favorite friends are taking over the Children's Library for a night of family fun, with crafts, games and other activities.

Date/Time: 1/10, 5:30 p.m.

Contact: Susan.Durant@meadpl.org

Visit: https://www.meadpl.org/event/elephant-

piggie-family-fun-night

Mead Public Library

Program: Saturday Storytime

Join us for a free Saturday Storytime at 9:30 a.m. Most appropriate for preschool aged learners, but older and younger siblings are welcome.

Date/Time: 1/7, 9:30 a.m.

Contact: alison.loewen@meadpl.org

Visit: https://www.meadpl.org/event/saturday-

storytime-1

Events Continued

Family Resource Center of Sheboygan County

Program: Parenting the Love and Logic Way ® Series

Love allows children to grow through their mistakes and logic allows them to live with the consequences of their choices. By attending this four-part parenting series, you'll be able to gain practical skills (for example, learn how to avoid power struggles, set enforceable limits, how to positively respond to behaviors and more) that can be used immediately! Please visit our website to learn more (i.e. childcare availability) and to register.

Date/Time: Tuesdays, 1/10, 1/17, 1/24 and 1/31,

6:00 p.m.

Contact: PAT@frc-sc.org

Visit: https://familyresourcesheboygan.org/events/

Progressive Beginnings/ Above & Beyond Children's Musuem/Family Resource Center of Sheboygan County

Program: Bring Your Own Baby (BYOB)

Join parents, caregivers and kiddos ages 0-2 y/o to socialize and learn from Early Childhood Specialists while exploring the Above & Beyond Children's Museum! Progressive Beginnings' therapists and Family Resource Center's Parent Educators will host a different topic each month. Class is offered at both 9:30 a.m. and 4:30 p.m.

Date/Time: 1/19, 9:30 a.m. & 4:30 p.m.

Contact: jessicapt@progbeg.com

Visit: https://abkids.org/programs/events/event/byob

-bring-your-own-baby-7

Progressive Beginnings/ Mead Public Library/Family Resource Center of Sheboygan County

Program: Bitty Book Club

Bring your child aged 2-5 and join us at the Mead Public Library for a free interactive toddler book club where facilitators from the Family Resource Center and Progressive Beginnings will help make stories come alive with book-themed activities that encourage a child's motor, language and social development. Our professionally- trained Parent Educator and Physical Therapist will point out child developmental milestones to watch for while building your child's very own library and literacy skills as your child approaches kindergarten. Each family will be able to take a copy of the book home!

Date/Time: 1/17, 9:30 a.m. Contact: jessicapt@progbeg.com

Visit: https://www.meadpl.org/event/bitty-book-

club-0

Mead Public Library

Program: Let Freedom Ring: Martin Luther King Day Celebration

Join us to celebrate the life and legacy of Dr. Martin Luther King, Jr. Family Friendly activities including crafts, legos building, book readings and service projects.

Date/Time: 1/16, 11:00 a.m. - 3:00 p.m. Contact: Susan.Durant@meadpl.org

Visit: https://www.meadpl.org/event/let-freedom-

ring-martin-luther-king-day-celebration

Programs/Resources

Anchor of Hope Health Center

Program: Free Sexual Health Clinic

No-cost confidential STD testing and treatment, pregnancy testing, limited OB ultrasounds, support groups, man-to-man mentoring, and parenting classes which are for individuals and families who are currently pregnant and/or are parenting at least one child toddler age or under.

Contact: Call or text (920) 452-4673 for an

appointment or walk in at our location located at 1018

South Taylor Drive, Sheboygan, WI **Visit:** www.anchorofhopewi.org

Boy Scouts of America, Bay-Lakes Council

Program: Cub Scouts

Cub Scouts have the time of their lives making new friends and learning new things in an environment designed to help them succeed. From building a Pinewood Derby® car to learning how to roast the perfect marshmallow at a family camp out, your child will LOVE being a Cub Scout. So if your child is in the kindergarten through fifth grades or 6 to 10 years old, then it's time to have some fun with the Cub Scouts! Find a pack near you at https://beascout.scouting.org

Contact: Sally.bork@scouting.org or (920) 203-0700 Visit: https://baylakesbsa.org/





















Programs/Resources Continued

Girl Scouts of Manitou Council

Program: Girl Scouts

Image it — you and your forever friends. Dreaming up adventures. Making the whole word sparkle with your own personal brand of magic. A place where you can have total fun and be totally yourself. That's Girl Scouts! Troops are now forming in your school or community. Become a Girl Scout today!

Contact: growstrong@gsmanitou.org or

(920) 565-4575

Visit: www.gsmanitou.org

The Salvation Army

Program: Mommy and Me Group

A place for Moms to connect with their little ones through songs, art, and play.

Date/Time: Every Wednesday, 9:00 - 10:00 a.m. **Contact:** heather.gladney@usc.salvationarmy.org

Progressive Beginnings

Program: Developmental Checklists

Check in on your child's development - early intervention is key! Take a brief survey to check in on a child's motor, language and sensory development.

Contact: jessicapt@progbeg.com

Visit: https://www.progbeg.com/developmentalcheckli

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For assistance with basic needs, housing, utilities, food, clothing, employment, support groups, legal aid or other essential needs, please dial 2-1-1 or search www.211now.org.

Another great local resource is Mental Health America (MHA) Lakeshore's <u>Community Resource Guide</u>.

For resources for families, students, and educators as they navigate the school year, check out MHA Lakeshore's <u>Back to School Toolkit</u>, a collection of resources that will be updated throughout the school year.

For general emergencies, dial 911. For a mental health emergency, please dial (920) 459-3151.

Sheboygan Safe Harbor

Program: Safe Harbor's Youth Services Program

Safe Harbor's Youth Services Program provides familyfocused crisis intervention and individual supportive services to children who have experienced the trauma of domestic or sexual violence in their lives. Our program offers one-on-one advocacy to children and parents. Please reach out to us with any questions about our services.

Contact: jeremyw@sheboygansafeharbor.org **Visit:** https://www.sheboygansafeharbor.org/

Sheboygan County

Program: Sheboygan Birth to Three

Children do different things at different ages. Some babies sit without support at six months old, while others need help until they are nine months old. Some toddlers start talking when they are a year old. Others might take longer to say their first words. If you are worried about the way your baby or toddler is developing, don't wait!

Contact: (920) 459-0368

Visit: https://www.sheboygancounty.com/departments/departments-f-q/health-and-human-services/child-family-services/children-family-resource-unit

Providing Access to Healing (PATH) School- Based Mental Health Community Impact Initiative

Program: PATH Newsletter | Winter 2022/2023

The incredible team of therapists and community partners who help provide services to youth in Sheboygan County through the PATH School-Based Mental Health Community Impact Initiative provide insight into what may be impacting youth in our community. Throughout this newsletter, PATH Partners will provide helpful information, tips and resources and hopefully offer some comfort in knowing that you and your family are not alone. There is help—there is hope.

Contact: brianna@uwofsc.org

Visit: https://www.uwofsc.org/assets/PATH-/PATH-

Winter-22-Newsletter.pdf

To protect your health and safety, as well as the health and safety of agency staff and clients, please do not sign up for events or programs if you are feeling ill. Please be mindful of the <u>CDC</u> and <u>Public Health's</u> recommendations.

The agencies listed are independent nonprofit organizations and are not controlled, operated or managed by Community Partnership for Children of Sheboygan County (CPC). The information about the youth and family resources are provided to CPC by the organizations.